

AUDIT_C

Alcohol Use Disorders Identification Test-Concise (AUDIT-C)

1. How often do you have a drink containing alcohol?

- Never
- Monthly or less
- 2-4 times a month
- 2-3 times a week
- 4 or more times a week

2. How many standard drinks containing alcohol do you have on a typical day?

- 1 or 2
- 3 to 4
- 5 to 6
- 7 to 9
- 10 or more

3. How often do you have six or more drinks on one occasion?

- Daily or almost daily
- Weekly
- Monthly
- Less than monthly
- Never

Description of Instrument:

The Alcohol Use Disorders Identification Test-Concise (AUDIT-C) is a brief alcohol use disorder screening instrument that reliably identifies individuals who are at risk for alcohol use disorder (including alcohol abuse or dependence). The AUDIT-C is a convenient, abbreviated, well-validated, modified version of the 10-question AUDIT instrument published by the WHO in 1998. It has 3 items (each scored from 0-4) querying the frequency and amount of alcohol use; the total score ranges from 0-12 (i.e., the 3 item scores are summed). The AUDIT-C is widely-used and well-validated in a broad range of populations including veterans and patients with chronic pain (Bradley et al., 2003; Rief et al., 2020). The higher the score, the more likely it is that an individual will have alcohol use disorder and be at risk for adverse drinking-related consequences.

Phenotypes Work Group

Recommendations for Harmonization and Standardization

References:

- Bradley KA, Bush KR, Epler AJ, et al (2003). Two brief alcohol-screening tests From the Alcohol Use Disorders Identification Test (AUDIT): Validation in a female Veterans Affairs patient population. Arch Intern Med. 163:821-9.
- Reif S, Adams RS, Ritter GA, Larson MJ. Exploration of the association of selected pain diagnoses with risky alcohol use among active duty soldiers. Subst Abus. 2020;41(4):456-462.