

PEG-3

PEG Scale Assessing Pain Intensity and Interference (Pain, Enjoyment, General Activity)

1. What number best describes your pain on average in the past week?

0	1	2	3	4	5	6	7	8	9	10
No Pain						Pain as bad as you can imagine				

2. What number best describes how, during the past week, pain has interfered with your enjoyment of life?

0	1	2	3	4	5	6	7	8	9	10
Does not interfere						Completely interferes				

3. What number best describes how, during the past week, pain has interfered with your general activity?

0	1	2	3	4	5	6	7	8	9	10
Does not interfere						Completely interferes				

Description of Instrument:

The PEG-3 is a brief, convenient, patient-reported pain outcome measure that is derived from the Brief Pain Inventory. The PEG-3 includes 3 items assessing pain intensity and functional interference (i.e., interference with enjoyment of life and general activity); it has demonstrated good reliability, validity, and responsiveness in large samples of chronic pain patients in primary care, VA hospitals, and pain management centers (Krebs et al., 2009; Kabore et al., 2020). The PEG-3 is scored by averaging the items; scores range from 0-10. Its excellent psychometric properties and responsiveness to treatment compare favorably to other established measures such as the PROMIS and SF-36 pain scales (Kean et al., 2016).

References:

Krebs, E. E., Lorenz, K. A., Bair, M. J., Damush, T. M., Wu, J., Sutherland, J. M., Asch S, Kroenke, K. (2009). Development and Initial Validation of the PEG, a Three-item Scale Assessing Pain Intensity and Interference. *Journal of General Internal Medicine*, 24(6), 733–738

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Kean J, Monahan PO, Kroenke K, Wu J, Yu Z, Stump TE, Krebs EE. Comparative Responsiveness of the PROMIS Pain Interference Short Forms, Brief Pain Inventory, PEG, and SF-36 Bodily Pain Subscale. *Med Care*. 2016 Apr;54(4):414-21. PMID: 26807536.