



High Impact Chronic Pain

Center for Disease Control and Prevention
Morbidity and Mortality Weekly Report (CDC MMWR)

1. **"In the past three months*, how often did you have pain? Would you say never, some days, most days, or every day?"**
 - a. [If at least some days] "Over the past three months, how often did pain limit your life or work activities? Would you say never, some days, most days, or every day?"
2. **"Are you [currently] not working or unable to work due to pain or a pain condition?" [yes, no]**

HICP = most/every day for pain with either most/every day for limit on activities and/or inability to work due to pain.

* PMC version incorporates a three-month 'look back' in the instrument and adds a question on 'unable to work' (Question 2)

High Impact Chronic Pain (Low Back Pain)

(National Institutes on Health Task Force- Minimal Dataset)

1. **How long has low-back pain been an ongoing problem for you?**
 - Less than
 - 1–3 month
 - 3–6 month
 - 6 months
 - 1–5 years
 - More than 5 years
2. **How often has low-back pain been an ongoing problem for you over the past 6 months?**
 - Every day or nearly every day in the past 6 months
 - At least half the days in the past 6 months
 - Less than half the days in the past 6 months